STATE PLAN REQUIREMENTS for Professional Treatment Services in Facility-Based Crisis Program-Children and Adolescents

- **General overview**
  - This service is designed as a time-limited, disability specific alternative to hospitalization for a beneficiary requiring acute crisis stabilization.
  - Must address age, behavior, and developmental function of each beneficiary to ensure safety, health and appropriate treatment interventions within the program milieu.
  - For children and adolescents up to age 21 who meet medical necessity criteria for crisis stabilization
  - Service includes comprehensive clinical assessment, treatment intervention and aftercare planning.

- **Facility Requirements**
  - 24 hour residential facility licensed under 10A NCAC27G.5000
  - Designated as a involuntary treatment facility
  - 16 beds or less
  - Ensure physical separation for children and adolescents in living quarters, common area, treatment areas, etc
  - If serving both adult and children in the same building there must be a complete physical separation from children and adults

- **Staffing**
  - Providers are required to staff programs according to population designation; MH, SU, and/or IDD
  - Must be staffed with at a minimum of a psychiatrist, a registered nurse and an additional licensed professional
  - Psychiatrist
    - This service is under the clinical oversight of a psychiatrist
    - Must be available 24/7/365
    - Conduct a psychiatric assessment within 24 hours of admission
    - Psychiatrist must be board eligible or board certified child psychiatrist, or a general psychiatrist with a minimum of two years experience in the treatment of children and adolescents
  - Registered Nurse
    - Must be on-site 24/7/365
    - Must conduct a nursing assessment on admission and oversee the monitoring of the beneficiaries progress and medications
  - Licensed Professional
    - Must conduct a comprehensive clinical assessment upon admission
  - Other Staff
    - Psychologists, LCSWs, LPCs, LMFTs, LCASs, Qualified Professionals, Associate Professionals, and/or Paraprofessionals with disability specific knowledge, skills, and abilities required by the population served.
- Associate Professionals and Paraprofessionals will be supervised according to 10A NCAC 27G.0202-0204.
- Treatment interventions may be performed by all staff based on their qualification and/or scope of practice
- Aftercare planning may be performed by any Qualified Professional

- **Service Order**
  - Must be ordered by a MD, NP, PA or PhD psychologist

- **Prior Approval**
  - Is required and will ensure that the level of the service is appropriate and concurrent reviews will determine the ongoing medical necessity for the service or the need to move up or down the continuum of services to another level of care

- **Limitations**
  - Not reimbursable for more than 30 days in a calendar year
  - This service is not available for: Room and board services; Educational, vocational and job training services; Habilitation services; Service to inmates in public institutions; Services to beneficiaries residing in IMDs; Recreational and social activities; and Services that must be covered elsewhere in the state Medicaid plan